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**WINTER 2018**



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**Sweden Clarkson Community Center**  
4927 Lake Road South, Sweden  
Phone: 585-431-0090 Fax: 585-431-0052  
[www.swedenclarksonrec.com](http://www.swedenclarksonrec.com)

**Registration Policy**

To register for S/C Recreation Programs, payment must be submitted with a completed registration form for each participant and program. Please register early to avoid cancellation of programs. In the case of sports programs, participants/teams must meet registration deadline. Registrations accepted via mail, fax, e-mail or on-line.

**Non-Resident Policy**

Any person not residing in the Towns of Sweden or Clarkson may be charged an additional fee. Fees will be listed under program pricing.

**Credit/Refund Policy**

Refunds will be given upon request to anyone who cancels from a program at least one week (5 business days) prior to the start of the program or in the case of sports programs, 3 weeks prior to the 1st practice. There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor’s note is provided. All refunds are subject to a \$10 processing fee per person/per program. Certain programs, such as the fitness center are non-refundable.

**Gift Certificates**

Gift Certificates are for Sweden/Clarkson Recreation Department programs only and cannot be redeemed for cash or refund to a credit card.

**Financial Assistance/Scholarships**

Financial assistance and scholarships are available prior to registration for a program. Grant applications will be reviewed upon receipt of completed application, requested documentation and completed registration form.

**Videotaping**

No videotaping is permitted in the Comm Ctr without the advance written permission of the Recreation Director.

**Locker Rooms and Lockers**

There are locker rooms and shower available for use by our fitness center members. Lockers available on a daily basis. Locks available upon request.

**Weather Cancellation Hotline**

Program status is updated on the 24-hour Information at 585-431-0085. The hotline is updated by 4:30 pm daily. Facility Closing Information is sent to YNN News.

**Payment Options**

Payments for programs may be made by cash, check or if using our on-line system by credit card.

**Community Center Hours**

January 2nd-March 31st  
 M-F 6am-9pm  
 Sat 8am-6pm  
 Sun 8am-3pm  
 CLOSED January 1st—Happy New Year!

**Directory**

Recreation Supervisor Jill Wisnowski 431-0050  
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 Recreation Assistant Joe Kincaid 431-0088  
 joek@townofsweden.org  
 Recreation Assistant Megan DeMarco 431-0090  
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 Staff: Ashley Hermance, Kyle Luce, Chrissy Dilal  
 Clerical Assistant Diane Samons 431-0090  
 dianes@townofsweden.org

**Sweden Town Board**

Supervisor Robert Carges 637-7588  
 Councilperson Robert Muesebeck  
 Councilperson Lori Skoog  
 Councilperson Mary Rich

**Clarkson Town Board**

Supervisor Paul Kimball 637-1131  
 Councilperson Allan Hoy  
 Councilperson Christa Filipowicz  
 Councilperson Patrick Didas  
 Councilperson Jackie Smith

**Facebook**

Like us on Facebook at Sweden Clarkson Recreation

**Website**

www.swedenclarksonrec.com

# A message from the Recreation Department

If you're looking for something new in the New Year, this recreation brochure is the place to look! If you're totally new to the Community Center—everything we offer is new to you. Welcome to Sweden Clarkson Recreation!

If you're a long-time recreation participant, don't leaf through this brochure too quickly—you'll miss some of our new offerings. We have something new for everybody—from tots to seniors!

Check out page 8, where we have Pyrography, Arts and Crafts, Art Smart and Tot Yoga! Yoga has long been popular with our adults; now we offer it for 4-6 year-olds. What a great way to develop spatial awareness and engage in a calming activity after a busy day.

Move on to pages 14 through 16. Tops and Bottoms was a hugely successful new class this fall. It's a short work out with great results. Back after a successful first run last winter is Conversational French. Brush up your old high school or college French! Or explore a new language just for the *joie de vie*.

Our new art classes Painting 101 and Drawing 101 will bring out the artist in you. Don't think you're artistic? Come on, give it a try—you might be surprised by your hidden talents.

Do you like tournaments? Do you like ping pong? Do you like euchre? Do you like chess? Well, we're hosting Ping Pong, Euchre and Chess Tournaments. They're great activities to break up the long winter months!

If you're not into football, but you are into soup—come to our Soup-er Bowl! Actually, even if you do like football, you will love our Soup-er Bowl. Area restaurants will provide their best soups and you get try them and rate them.

Are you thinking about starting a new business? Want some new ideas for an existing small business? Come to our Small Business Start-Up workshop (presented by SCORE) on Wednesday evenings in January and February.

Want to travel? How about a trip to Del Lago—New York's newest casino? All the details are on page 18.

We're talking new at the Sweden Town Park on Redman Road, too! Yes, after 2 years of planning, seeking a grant, designing, bidding and building—our new lodge is set to open just after the New Year. Rental information is on page 19 and there are some photos on the back cover.



Jill Wisnowski

The indoor area accommodates 99 guests; while the covered portico can seat another 50. There's a gas fireplace—what could be cozier? A brand new kitchen, accessible restrooms round out this amazing new facility. We're predicting high demand so call early to reserve the Lodge for your wedding, birthday party, shower, graduation party, reunion or business event.

Finally, seniors are not new to the Community Center, they've been here since our beginning. But we've created a new space for them and brought programs from the former senior center to our building and I think we're all loving it! It's great for the recreation staff to have all our seniors in one place. And it's great for the seniors to be involved with the whole recreation community. Just today, some of our seniors were cheering on our school kids playing games in the gym! We belong together—we want to be together. The new energy is amazing. Come on up to the Community Center and try something new!

## Lifetime is pleased to continue lunch program

Lifetime Assistance is pleased to offer the noon senior nutrition program as a partner with the Monroe County Office for the Aging, just as we have since 2008. Seniors will continue to be able to participate by purchasing a hot nutritious meal offered at a reasonable price. Lifetime Assistance employment specialist Jennifer Lapinski and her crew, including Andrew, Jessica, Michelle, Rici, Matt, Cristina, John and Renee will still be greeting the participants as they gather at The Lodge for a noon-time meal. For those seniors requiring transportation, Medical Motors will still be available to provide transportation as before. In addition, Life-

time Assistance will partner with the community to provide the following activities:

**BINGO:** Mondays & Fridays 11 am—12 noon

**ELDERSOURCE:** (part of the meal program with Monroe County Office of the Aging):

2nd Tuesday of the month 10:30 am—noon

**BLOOD PRESSURE CHECKS:** Wednesdays, 10:30—12 noon by Monroe Ambulance

# Summer Soccer—the time is nearing!

Please fill out and return this ticket if you are interested in coaching.

Name \_\_\_\_\_ Sport \_\_\_\_\_

Phone number \_\_\_\_\_ email \_\_\_\_\_

*Cut out and attach to your child's registration form.*

## GENERAL INFORMATION

What is MURSL? It is the Monroe United Recreation Soccer League, a recreational youth soccer league where the focus is fairness, character and good sportsmanship. Visit [MURSL.org](http://MURSL.org) to find league rules and information; coaches and contact lists; field information and schedules. Participation in this league requires travel to other towns for games.

**Important!** Age as of August 1, 2016 determines level of play! This is for Levels U10 & U12.

**Attention!** Volunteer coaches and referees are needed for all levels of play!

**Deadline!** The registration deadline is March 23rd.

### U-4 SOCCER (Ages 3 & 4)

Program #4073-A  
Wednesdays at 6:30 pm June & July  
Fee: \$33

All games are played at the Community Center, 4927 Lake Road Brockport, NY 14420

### U-6 SOCCER (Ages 5 & 6)

Program # 4073-B  
Mondays at 6:30 pm June & July  
Fee: \$33

All games are played at the Community Center, 4927 Lake Road Brockport, NY 14420

### U-8 GIRLS SOCCER (Ages 7 & 8)

Program #4073-C  
Tuesdays/Thursdays June/July  
Games at 6 pm and 7:15 pm  
Fee: \$47

Home games played at TBD, away games travel to play at other local town facilities.

### U-8 BOYS SOCCER (Ages 7 & 8)

Program #4073-D  
Mondays/Wednesdays June/July  
Games at 6 pm and 7:15 pm  
Fee: \$47  
Home games played at TBD, away games travel to play at other local town facilities.

### U-10 GIRLS SOCCER (Ages 9 & 10)

Program # 4073-E  
Tuesdays/Thursdays  
End of May through July  
Fee: \$67  
Home games played at Hafner Park in Clarkson, away games travel to play at other local town facilities.

### U-10 BOYS SOCCER (Ages 9 & 10)

Program #4073-F  
Mondays/Wednesdays  
End of May through July  
Fee: \$67  
Home games played at Hafner Park in Clarkson, away games travel to play at other local town facilities.

### U-12 GIRLS SOCCER (Ages 11 & 12)

Program #4073-G  
Tuesdays/Thursdays  
End of May through July  
Fee: \$72  
Home games played at Sweden Town Park, away games travel to play at other local town facilities.

### U-12 BOYS SOCCER (Ages 11 & 12)

Program #4073-H  
Mondays/Wednesdays  
End of May through July  
Fee: \$72  
Home games played at Sweden Town Park, away games travel to play at other local town facilities.

# Summer baseball & softball—batter's up!

## GENERAL INFORMATION

Our baseball/softball program requires travel to other towns. Our home games are played at the Sweden Town Park, Redman Road.

**Important!** Age as of May 1 determines level of play. A copy of your child's birth certificate is required with registration for children in Juniors level and up.

**Attention!** Volunteer coaches are needed for all levels of play.

**Deadline!** The registration deadline is March 1. Pony level registration deadline is April 30.

## ONE BASE T-BALL (Ages 3 & 4)

Program #4074-A

Saturdays

May & June

Fee: \$34

## COED T-BALL (Ages 5 & 6)

Program #4074-B

Wednesdays/Saturdays

May & June

Fee: \$47

## COED JUNIORS (Ages 7 & 8)

Program # 4074-C

Tuesday/Thursday/Saturday

May & June

Fee: \$54

## BOYS MINOR (Ages 9 & 10)

Program #4074-D

Tuesday/Thursday/Saturday

May & June

Fee: \$67

Mandatory Evaluation Day: Saturday, April 21 from 9am to 11:30am. (If needed) Location: SCCC.

## BOYS MAJOR (Ages 11 & 12)

Program #4074-E

Tuesday/Thursday/Saturday

May & June

Fee: \$77

Mandatory Evaluation Day: Saturday, April 21 from 11:30am to 1pm. (If needed) Location: SCCC.

## GIRLS SOFTBALL (Ages 9-12)

Program #4074-F

Monday/Wednesday/Saturday

May & June

Fee: \$77

Mandatory Evaluation Day: Saturday, April 21 from 1pm to 2:30pm. (If needed) Location: SCCC.

## PONY LEAGUE (Ages 13 & 14)

Program #4074-G

Tuesday/Thursday/Saturday

June– August

Fee: \$87

Registration deadline: April 30.

## PRIVATE BASEBALL LESSONS

Program #4074-H

Does your child want to get serious about becoming a quality baseball player? Well we have the answer for you! Recreation Assistant Tim Manuszewski can help teach your child with one-on-one instruction about both the mental and physical aspects of the game. We can go over infield, outfield, pitching, catching, hitting, and even base running. Both recreation and travel players are welcome!

Location: SCCC Gym

Day: Date: Time: By appointment only

Contact Tim @ 431-0087

Fee: \$10/hour



# Y O U T H P R O G R A M S

## Instructional Tot T-Ball

Is your tot interested in learning the basics of T-ball? Come join Coach George! We will learn hitting, throwing, catching and more. This four-week class is designed to help your child gain a great foundation for the game of t-ball. Instructor: George Kimball.

Ages: 4-6 Max: 8

Location: SCCC Gym

Day	Date	Time	Price
Program #4075-A			
Mon	1/8-1/29	5-5:45 pm	\$25

## Instructional Youth Baseball

This class will help your child refine their skills and improve as an overall player. Coach George will review the basics of the game while also teaching a series of drills that they can use on their own.

Ages: 8-11. Max: 10

Location: SCCC Gym

Day	Date	Time	Price
Program #4075-B			
Mon	1/8-1/29	6-6:45 pm	\$35

## Tournament

### 3 on 3 Basketball

Do you have the best team around? Take on others in a 3 on 3 basketball tournament! There will be three age divisions. All ages will be co-ed.

Program #4075-C 10-13 year old's: 10 am

Program #4075-D 14-17 year old's: 12 pm

Program #4075-E 18+: 2 pm

Registration deadline: March 7th

\*You must register a complete team\*

Day	Date	Time	Price
Sat	3/10	10 am-4pm	\$10 per team

## Instructional Youth Rugby

Come join us in having our first ever instructional rugby day! Members of the College at Brockport Men's Rugby team will be instructing your son/daughter in the basics of rugby such as passing, how to properly tackle on a dummy, offensive techniques and defensive strategies. You will also learn about the different positions in rugby. Don't worry, there is no physical tackling of any kind with any of the participants!

Ages: 8-12 Min: 10 Max: 20

Location: SCCC Gym

Day	Date	Time	Price
Program #4075-F			
Sat	2/10	12pm-1:30pm	\$20

## Instructional Tot Soccer

Is your tot interested in learning the basics of soccer? Come join Coach George! We will learn dribbling, shooting, passing, and more. This four-week class is designed to help your child gain a great foundation for the game of soccer. Instructor: George Kimball.

Ages: 4-6. Max 8

Location: SCCC Gym

Day	Date	Time	Price
Program #4075-G			
Mon	2/12-3/5	5-5:45 pm	\$25

## Instructional Youth Soccer

This class will help your child refine their skills and improve as an overall player. Coach George will review the basics of the game while also teaching a series of drills that they can use on their own.

Ages: 8-11. Max: 10

Location: SCCC Gym

Day	Date	Time	Price
Program #4075-H			
Mon	2/12-3/5	6-6:45 pm	\$35

## Tournament-

### PlayStation NBA 2K 2018

Are you the best NBA 2K player around? Come test your skills in a bracket style tournament. Everyone is guaranteed at least two games, pizza, and drinks!

Ages: 10-16 Max: 8

Location: SCCC Conference room

Day	Date	Time	Price
Program #4075-I			
Thu	2/22	5-8 pm	\$10

## Photography for Beginners! (youth)

Do you have an interest in learning how to use a camera to take awesome pictures of your favorite things?

This class is the perfect opportunity to explore your interest using a Digital (DSLR) camera and editing your work on various editing software with no equipment needed. Rec Assistant Andre Calzone will bring his camera, computer and editing software to instruct the proper use of each. The class is intended for the novice who is interested in learning the fundamentals of how digital cameras work along with editing your photos. At the end of the fourweek session, participants will have three printed pieces of work as well as homemade frames made in class. Youth (Ages 10-13)

Day	Date	Time	Price
Program#4076-A			
Mon	1/8-2/5	6-7pm	\$35

## Home Alone Safety

This two-hour class is designed to teach children ages 7-12, who are home alone, the importance of behaving responsibly. Topics include, but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of emergencies such as power outages and fires. Location: SCCC conference room.

Day	Date	Time	Price
Program #4076-B			
Wed	2/21	2-4pm	\$25

## Babysitters Training

This class teaches participants the roles and responsibilities of a babysitter and includes skills in: accident prevention, first aid and abdominal thrusts for choking victims. Participants receive a workbook and a certification card upon completion. Please bring a bagged lunch and a self-addressed envelope. Location: SCCC conference room.

Day	Date	Time	Price
Program #4076-C			
Wed	2/21	9am-2pm	\$48

## Artists Trading Cards

Interested in learning about artist trading cards? Come join instructor Sheilagh McGeal as she teaches how to use basic materials like paint, markers, crayon, paper, stamps, stencils and more to make 8-10 unique cards to take or trade with others. The workshop includes learning about what an ATC is, how to make them, and even how to start a group with others to make and trade cards. Teens can use this to help develop social skills and build creativity. It's a fun thing to help cure boredom on days when there is nothing to do! Ages: 12-17. Max: 15 Location: SCCC conference room.

Day	Date	Time	Price
Program #4076-D			
Thursday	2/1	6-8pm	\$20

## Tournament - PlayStation Madden NFL 2018

Think you're the best Madden player around? Come test your skills in a bracket style tournament. Everyone is guaranteed at least two games, pizza, and drinks!

Ages: 10-16 Max: 8

Location: SCCC Conference room

Day	Date	Time	Price
Program #4076-E			
Thu	2/22	5-8 pm	\$10

## Leadline I Horseback Riding

Students will ride a horse led by an adult. Basic horse information will be taught as well! Perfect for children interested in horses. Ages 5-8.

Max: 3 students per session.

Location: Church Hills Stable, Hilton, NY

Day	Date	Time	Price
(four weeks) Program #4076-F			
Sat	2/10-3/10	11:45 am-12:15 pm	\$60

\* No classes the week of February 18th

## Beginner I Youth Horseback Riding

Horseback riding is available to more ages! Students in this class will learn basic riding skills in addition to learning grooming and tacking the horse. Ages 9+.

Max: 3 students per session.

Location: Church Hills, Stable, Hilton.

Day	Date	Time	Price
(four weeks) Program #4076-G			
Thu	2/8-3/8	6-7 pm	\$100

\* No classes the week of February 18th

## Beginner 2 Youth Horseback Riding

A continuation of Beginner I. Students will continue to develop riding skills and knowledge of horse care. Beginner I is a prerequisite. Ages 9+.

Max: 3 students per session.

Location: Church Hills Stable, Hilton.

Day	Date	Time	Price
(four weeks) Program #4076-H			
Thu	2/8-3/8	7-8 pm	\$100

\* No classes the week of February 18th

## ATTENTION All Horseback Riding

Participants must sign up at least 1 week ahead.

## Chess Tournament

Think you have what it takes to be called a chess master? Well it's time to show us what you got! Join us for a fun afternoon of competitive chess with pizza and drinks.

Anyone age 16 and up is welcome!

Ages: 16+ Min: 4 Max: 10

Location: SCCC Small Activity Rm1

Day	Date	Time	Price
Program #4076-I			
Sat	2/24	12-3pm	\$10

**Little Steps Play & Learn**

Do you have a toddler between the ages of 2-4? Would you like some free time to grocery shop, meet a friend or workout? Then come join Miss Mary (NYS certified teacher) for simple routines, story time, arts and crafts and enriching games in a place where creativity encourages learning, caring encourages friendships and a loving environment encourages social and emotional growth. Space is limited, sign up early.

\*Need not be potty-trained.

Maximum 10 students per session.

Day	Date	Time	Price
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Session I Program # 4077-A

M/W	12/13-2/5	12:15-1:30 pm	\$44
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\*No class 12/25, 12/27, 1/1, 1/15

Session 2 Program # 4077-B

M/W	2/7-3/26	12:15-1:30 pm	\$44
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\*No class 2/19, 2/21

**\*NEW Pyrography**

Ever finding yourself wanting to unleash your creative side but pens and pencils just aren't cutting it for you? Then come learn about pyrography, also known as wood burning! This class will go over safety guidelines, how to use the tool as well as what the different tips are used for. Once we start making art you will be able to take your pieces home that night!

Instructor: R.A. Tim Manuszewski

Ages: 16+ Max: 5

Location: SCCC Cafeteria

Day	Date	Time	Price
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Program #4077-C

Mon	1/8-1/29	6-6:45pm	\$25
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**Learn To Skate**

Join the Campus Recreation Instructional Program staff at the College at Brockport and learn to ice skate! Participants are split up into age groups dependent on skill level. Instruction includes safety, skating posture, balance, proper use of equipment, and other skating skills. Participants are able to skate for free after session during the Public Skate. Ages 5-adult. Max 30

Location: Tuttle Ice Arena at the College at Brockport

\*\*Skate Rentals are available for \$18.00 for 6 weeks.

Day	Date	Time	Price
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Program #4077-D

Sun	1/28-3/4	2-3pm	\$77
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**\* NEW Tot Yoga**

Come on fun adventures and learn some basic yoga. Great for spatial awareness and calming after a busy day. Ages: 4-6 Max: 6 Instructor: Rachael Brown Location: SCCC Toddler Gym

Day	Date	Time	Price
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Program #4077-E

Thu	1/11-2/15	6-6:45pm	\$20
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**\*NEW Youth Arts & Crafts** Come

join recreation staff member Tim Manuszewski in creating a variety of different arts and crafts! We will work on a different project each week. Some of your finished pieces will include canvas art, craft kits, and fidget spinners/cubes. Some of your pieces can be taken home that night! Be sure to wear an old shirt or a smock. Ages: 8-11 Max: 8

Location: SCCC Cafeteria

Day	Date	Time	Price
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Session I Program #4077-F

Tues	1/9-1/30	6-6:45pm	\$12
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Session II Program #4077-G

Tues	2/13-3/6	6-6:45pm	\$12
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**\*NEW Be Art Smart**

Spark up imagination and get that creativity flowing! Come explore the elements of art and principles of design with NYS certified K-12 art teacher Gretchen Foehner. Young artists will celebrate multiple perspectives as they problem solve, assess and learn to make good judgements. Students will be encouraged to experiment with a variety of drawing and painting media. Lessons will be differentiated based on student interests and needs. The goal for this class is for all students to leave with a sense of pride and accomplishment. Classes will be held on Thursday evenings.

Min: 4 Max: 10 Location: SCCC Cafeteria

\*Includes supplies and instruction

Day	Date	Time	Price
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Ages 6-8 Session I Program #4077-H

Thu	1/11-2/1	6-6:45 pm	\$45
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Ages 9-12 Session II Program #4077-I

Thu	1/11-2/1	7-7:45 pm	\$45
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Ages 6-8 Session III Program #4077-J

Thu	2/8-3/8	6-6:45 pm	\$45
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Ages 9-12 Session IV Program #4077-K

Thu	2/8-3/8	7-7:45 pm	\$45
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\*No Class 2/22\*

Thursday March 15th will be an art show for artists and their families from all sessions I, II, III and IV.



## Before and After School Drop-in Program

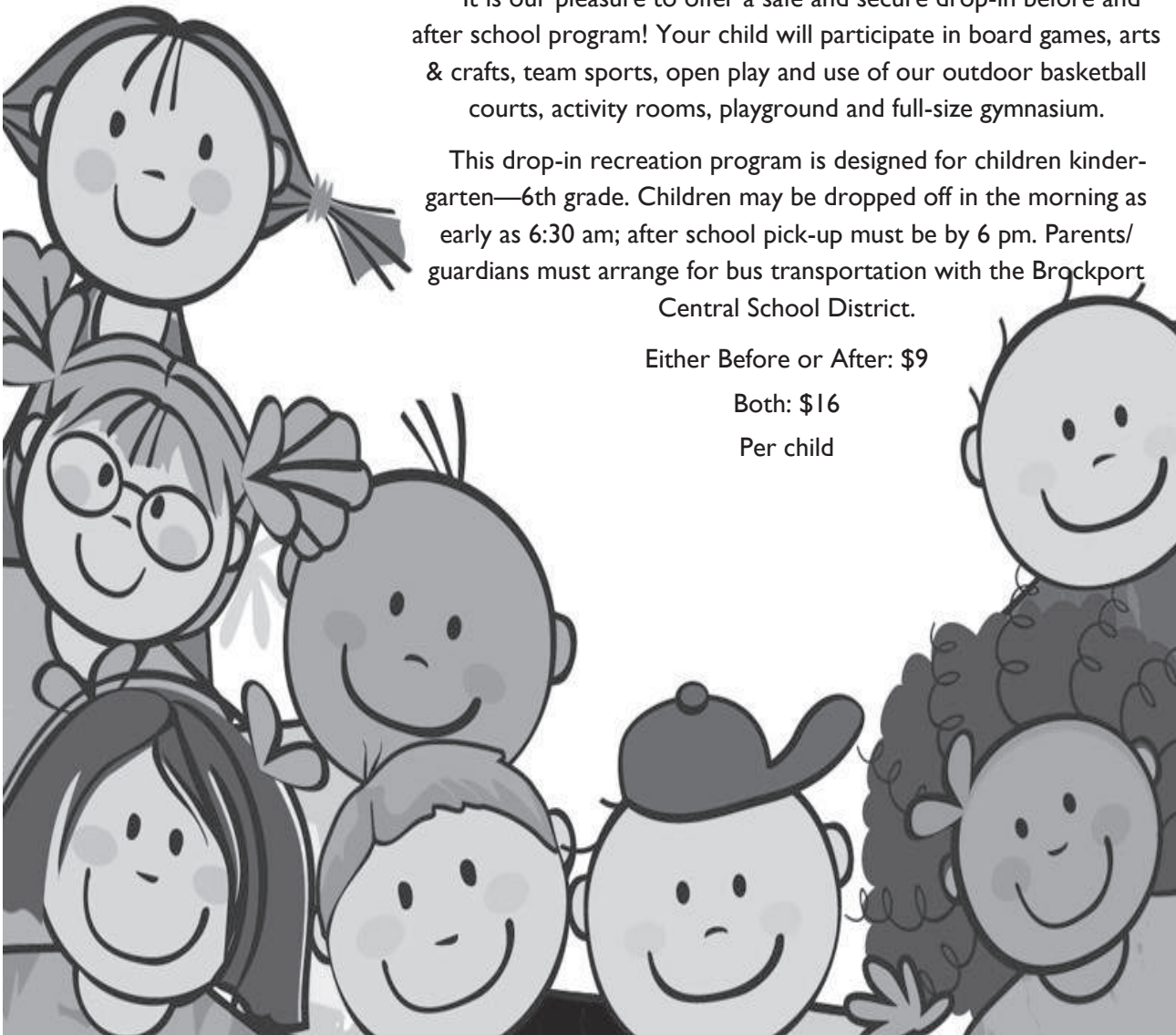
It is our pleasure to offer a safe and secure drop-in before and after school program! Your child will participate in board games, arts & crafts, team sports, open play and use of our outdoor basketball courts, activity rooms, playground and full-size gymnasium.

This drop-in recreation program is designed for children kindergarten—6th grade. Children may be dropped off in the morning as early as 6:30 am; after school pick-up must be by 6 pm. Parents/guardians must arrange for bus transportation with the Brockport Central School District.

Either Before or After: \$9

Both: \$16

Per child



### Before & After School Program—Safe, Fun, Affordable!

#### Tot Jazz Dance

Our new instructor Anna is excited to offer a new class for tots! Jazz dance will have you little one moving and groovin' to the beat. Great for beginners!

Ages 3-5 Min: 3 students per session.

Location: SCCC Small Activity Room

Day	Date	Time	Price
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Program #4078-A

Fri	2/9-3/9	4:30-5:15 pm	\$25
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\*No classes the week of February 18th

#### Youth Jazz Dance

Join instructor Anna in jazz dance this winter! Learn the basics or build on what you already know. Great for beginners or those with some experience.

Ages 6-8 Min: 3 students per session.

Location: SCCC Small Activity Room

Day	Date	Time	Price
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Program # 4078-B

Fri	2/9-3/9	5:30-6:15 pm	\$25
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\*No classes the week of February 18th

**Tot Swim**

A swim class for those wee little ones who are not very familiar with the water. In this class, we will learn to enter the pool safely, get our face completely wet, blow bubbles with mouth and nose, back float, front float and hold onto the side of the pool independently. Parent is required to enter pool with child. Infant—4 years old. Max 8.

Day	Date	Time	Price
Session I Program #4078-C			
Wed	1/31-3/14	6:30-7 pm	\$48
Session II Program #4078-D			
Sat	2/3-3/17	11-11:30 am	\$48
*No classes 2/21 & 2/24			

**Level I Tetras**

Children in this group will work on entering and exiting the pool safely, submerging, changing direction while walking or swimming, floating on front & back and swimming on front & back with support. Ages 5+. Max 6.

Day	Date	Time	Price
Session I Program #4078-E			
Wed	1/31-3/14	6:30–7:15 pm	\$48
Session II Program #4078-F			
Sat	2/3-3/17	11-11:45 am	\$48
*No classes 2/21 & 2/24			

**Level II Trout**

Children in this group will learn to enter water by stepping or jumping from the side, exit water safely using ladder or side, submerging, rhythmic breathing, opening eyes underwater, picking up objects in shallow water, front and back glide, treading water and swimming on front, back and side using arm and leg motions. Ages 5+. Max 6.

Day	Date	Time	Price
Session I Program #4078-G			
Wed	1/31-3/14	6:30-7:15 pm	\$48
Session II Program #4078-H			
Sat	2/3-3/17	11-11:45 am	\$48
*No classes 2/21 & 2/24			

**Level III Goldfish**

Children will work on jumping into deep water from the side, submerging and picking up an object in chest deep water, floating in deep water, treading water using hand and leg motions and front and back crawl. Max. 6.

Day	Date	Time	Price
Session I Program #4078-I			
Wed	1/31-3/14	7:15-8 pm	\$48
Session II Program #4078-J			
Sat	2/3-3/17	12-12:45pm	\$48
*No classes 2/21 & 2/24			

**Level IV Yellow Fins**

Children in this group will work on performing a dive from a standing position, swimming underwater, performing feet-first surface dive, treading water with different arm and leg motions, front crawl, breaststroke, butterfly, elementary backstroke and swimming on side using scissor kicks. Max. 6.

Day	Date	Time	Price
Session I Program #4078-K			
Wed	1/31-3/14	7:15-8 pm	\$48
Session II Program #4078-L			
Sat	2/3-3/17	12-12:45 pm	\$48
* No classes 2/21 & 2/24			

**Level V Barracuda**

Children in this group will work on standing dive, shallow dive, surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, treading water with two different kicks and survival swimming. Max. 6.

Day	Date	Time	Price
Session I Program #4078-M			
Wed	1/31-3/14	7:15-8 pm	\$48
Session II Program #4078-N			
Sat	2/3-3/17	12-12:45 pm	\$48
*No classes 2/21 & 2/24			

# YOUTH REGISTRATION FORM

4927 Lake Road Brockport, NY 14420 Phone:(585)431-0090 Fax:431-0052

Web: swedenclarksonrec.com

Name	Birthdate	Gender	Pant/Shirt Size	Program Name	Program #	Cost
Make Checks Payable To: <b>*Town of Sweden*</b>						Total

## Medical Information:

Name	Please list any allergies, behavioral or medical issues your child's coach should be aware of to make your child's experience as positive as possible.

## Household Information:

Email	Home Phone	Cell Phone	Work Phone
Address	City	State	Zip

## Emergency Contact Name:

Relationship to Child	Home Phone	Cell Phone	Work Phone
Address	City	State	Zip

### Waiver of Participation/Refund Policy/Photo Release:

**Waiver/Refund Policy must be read and signed before registration is accepted.** In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. **Refund Policy:** Please refer to our brochure. **Photo Release:** I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please be sure to have entire form completed.

Incomplete payment or information will cause a processing delay for your child's registration.

Received By: \_\_\_\_\_ Date: \_\_\_\_\_

# ADULT REGISTRATION FORM

*4927 Lake Road Brockport, NY 14420 Phone:(585)431-0090 Fax:431-0052*

*Web: swedenclarksonrec.com*

**Participant Information:**

<b>Name</b>	<b>Birthdate</b>	<b>Gender</b>	<b>Phone</b>
<b>Address</b>	<b>City</b>	<b>State</b>	<b>Zip</b>

**Program Information:** (Use Y-S, Y-M, Y-L, A-S, A-M, A-L, A-XL for sizing)

Program Name	Program #	Shirt Size	Pant Size	Program Cost
<b>Make Checks Payable To: Town of Sweden</b>			<b>Total:</b>	

**Medical Information:**

Allergy/Condition	Please list any information we should be aware of to make your participation as enjoyable and safe as possible.

**Emergency Contact:**

<b>Name</b>	<b>Home Phone</b>	<b>Cell Phone</b>	<b>Work Phone</b>
<b>Address</b>	<b>City</b>	<b>State</b>	<b>Zip</b>

**Waiver of Participation/Refund Policy/Photo Release:**

**Waiver/Refund Policy must be read and signed before registration is accepted.** In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. **Refund Policy:** Please refer to our brochure. **Photo Release:** I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please be sure to have entire form completed.  
Incomplete payment or information will cause a processing delay for your registration.**

**Received By:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Soup-er Bowl!

January 27<sup>th</sup>, 2018



\$5.00 Includes soup tasting, an apple & bread!

Local restaurants will be donating soup and you can vote for

Held at: Sweden Clarkson Community Center

4927 Lake Rd., Brockport, NY 14420

Presented by the Sweden Senior Association Inc.

## **Small Business Start-up and Survival - Sweden Clarkson Recreation Center** **Presented by SCORE**

Are you thinking of starting a business and need some guidance? Have you just started a small business and need some help? If you answered YES, this workshop series has been designed especially for you. It will provide key information to all the basic components of running a small business and allow you to tap into the knowledge of experienced professionals. Topics include: business planning, funding your business, accounting, legal, insurance, and marketing considerations.

Five sessions Wednesday evenings from 7-9pm January 10 through February 7, 2018.

Call Sweden Clarkson Recreation, (585) 431-0090

4927 Lake Road South, Brockport, NY 14420 to register.

Location: SCCC Conference Room

Program #4079-A Fee: \$59



Greater Rochester

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## Body Sculpting

With upper and lower body working at the same time, you will get a complete body workout. This class will also work on balance, core and a bit of yoga for good measure. Instructor: Barb Whited. Ages: 16+.

Location: Large Activity Room 3.

Day	Date	Time	Price
Session I Program #4079-B			
Wed	1/10-2/14	6-6:45 pm	\$36
Session II Program #4079-C			
Wed	3/7-3/28	6-6:45 pm	\$24

## Tops & Bottoms

Join instructor Barb for her brand new fitness class! This class will define our shoulders, biceps, triceps, along with lifting and shaping our glutes!

Location: Large activity room 3.

Day	Date	Time	Price
Session I Program #4079-D			
Mon	1/8-2/12	5:15-5:45pm	\$33
Session II Program #4079-E			
Mon	3/5-3/26	5:15-5:45 pm	\$22

## Yoga Stretch

This class will incorporate yoga poses with the emphasis on stretching. Gentle guidance into breathing awareness will lead you into deep relaxation. Please bring a yoga mat. Instructor: Barb Whited. Ages: 16+. Location: Large Activity Room 3.

Day	Date	Time	Price
Session I Program #4079-F			
Wed	1/10-2/14	7-8 pm	\$42
Session II Program #4079-G			
Wed	3/7-3/28	7-8 pm	\$28

## Vinyasa Flow Yoga

When life gets in the way and you're feeling stressed and tight, soothe your body and soul with this user-friendly yoga workout. Bring a yoga mat and blanket. Instructor: Barb Whited. Ages 16+. Location: Large Activity Rm 3

Day	Date	Time	Price
Session I Program #4079-H			
Mon	1/8-2/12	6-6:45 pm	\$36
Session II Program #4079-I			
Mon	1/8-2/12	7-8 pm	\$42
Session III Program #4079-J			
Mon	3/5-3/26	6-6:45 pm	\$24
Session IV Program #4079-K			
Mon	3/5-3/26	7-8 pm	\$28

## Total Body Workout

Join instructor Chrisa Yaeger in a 45-minute class combining cardio, strength training and core work to get into great shape. All fitness levels welcome. Location: Large

Activity Room 1. Optional \$5 per class

Day	Date	Time	Price
Program #4079-L			
M/W	1/8-3/12	12:15-1pm	\$65

\*No Class 2/19 & 2/21

## 2018 Fitness Center Memberships

Membership	1 month	3 month	1 year
Youth (16-18)	\$20	\$50	\$175
Senior (55+)	\$20	\$50	\$175
Adult (18-54)	\$25	\$65	\$235
Family (16+)*	\$75	\$185	\$640
Each add'l family	\$15	\$35	\$115

\*Family membership covers up to four people who reside at the same residence. Need help getting started with the equipment? Call 431-0090 to set up appointment.

Daily Rates for out-of-town guests: \$10 adult; \$8 senior

## Personal Training

If you need individual attention and a workout program designed for you, our personal training program is the right fit. Do you need help familiarizing yourself with the equipment? Sign up for a lesson with a personal trainer. A trainer will provide you with information, feedback, testing and a workout designed to meet your needs. Location: SCCC gym/fitness center. Ages 16+. Rates starting at \$10! 1 Session = \$30.00, 6 Sessions = \$135.00 Please contact Andre for more information and to schedule a session. Call 431-0087/ andrec@townofsweden.org

## Zumba

Ditch the workout and join the party! Zumba fuses international and Latin music – dance to exotic rhythms while burning calories. The hour long class flies by and is so much better than sweating on a treadmill! It works out the whole body – mind, body and soul! All fitness levels can enjoy Zumba and no dance experience is needed. Bring plenty of water! Come get your groove on. Ages 16 and up. Optional drop in \$5 per class.

Location: Large Activity Room 1.

Day	Date	Time	Price
Program # 4082-A			
T & Th	1/9-2/27	5:15-6:15 pm	\$48

## Strong By Zumba

In a one-hour class you will burn calories while toning arms, legs, abs and glutes. Plyometric or explosive moves like high knees, burpees, and jumping jacks are interchanged with isometric moves like lunges, squats, and kickboxing. Every move is driven by music. Students should bring a mat, water and towel.

Day	Date	Time	Price
Program # 4082-B			
T & Th	1/9-2/27	6:45-7:45 pm	\$48

## Adult Co-ed Volleyball League

This league is fun and well rounded. Whether you have played for years or haven't ever been on a court, this is the league for you! Pick up your blank roster form at the S/C Community Center. The league will be 10 weeks (10 games), plus playoffs.

**\*\*You must register a complete team\*\***

Ages: 18+ Location: SCCC Gym

Day	Date	Time	Price
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Program #4080-A

Tue	1/15-4/3	6-9pm	\$150
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**\*\*There is also a \$10 Ref fee per match\*\***

## Men's Basketball League

Pick up your blank roster form at the S/C Community Center. The league will be 10 weeks (10 games), plus playoffs. **\*\*You must register a complete team\*\***

Ages: 18+ Location:

S.C.C.C. Gym

Day	Date	Time	Price
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Program#4080-B

Wed	1/15-4/3	6-9pm	\$150
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**\*\*There is also a \$20 Referee fee per game\*\***

## Ping Pong Tournament

Do you have what it takes to be the best ping ball player in the Sweden/Clarkson area? Ping pong is starting to revitalize back into the sport it once was. Dust off those cobwebs and see if you still have it! Games will be played with traditional rules and double elimination with 3 games series. Pizza and soda will be provided for participants. A champion T-shirt will be awarded the winner of the tournament.

Day	Dates	Time	Price
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Program#4080-C

Sat	2/17	1:30pm	\$10
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## Arts & Carafes

Come and enjoy a relaxing evening with your favorite bottle of wine while discovering your inner artist! No experience is required. Step-by-step instructions will be given by our fun and local artist, Erin! Please come to class 15 minutes early and bring an old shirt or apron with you. Instructor: Erin Uetz.

Ages: 21 and up. Location: Large Activity Room 3.

Min: 6 Max: 24

Day	Dates	Time	Price
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Program# 4080-D,E,F

Thu	1/18; 2/22;3/22	6-8 pm	\$25/each class
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## Adult Water Fitness

Challenge yourself in a fun workout with instructor Chrisa Yeager. Location: BCS Pool

Day	Date	Time	Price
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Program #4

Wednesday	1/31-3/14	8-8:45 pm	\$45
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\* No class 2/21



## Jazzercise

Register by calling 585-738-3555 or email:

bkpt\_spen\_jazz@yahoo.com

brockportjazzercise@gmail.com

M, T, W, Th, F\* 6am

T, Th, Sat, Sun 7:30 am

Sat, Sun\* 8:30 am

M, T\*, W, Th\*, F 9am

M, W, Th\* F, 4:45pm

M, T\*, W, Th 6pm

Location: SCCC Large Activity Room. \*Strength 45

**Brockport Jazzercise Only**

**50% OFF JOINING FEE**

## Photography for Beginners! (Adult)

Do you have an interest in learning how to use a camera to take awesome pictures of your favorite things? This class is the perfect opportunity to explore your interest using a Digital (DSLR) camera and editing your work on various editing software with no equipment needed. Rec Assistant Andre Calzone will bring his camera, computer and editing software to instruct the proper use of each.

The class is intended for the novice who is interested in learning the fundamentals of how digital cameras work along with editing your photos. At the end of the four week session, participants will have three printed pieces of work as well as homemade frames made in class.

Adult (18+) Location: Small Activity Rm I

Day	Date	Time	Price
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Program #4080-G

Mon	1/8-2/5	7-8pm	\$35
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## Conversational French

Interested in learning or improving your French? Come join instructor Claire Kniebihler for a six-week class. This class is designed to help your knowledge and skills

of the French language.

Location: SCCC Small Activity Rm I

Day	Date	Time	Price
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Program #4080-H

Mon	2/5-3/12	7pm-8pm	\$25
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**Open Tai Chi**

Tai Chi is primarily practiced today to improve health, increase energy, as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr

**NEW Location: SCCC Large Activity Room 1**

Day	Time	Price
Mon & Fri	1pm	\$1/class

**Tai Chi Beginner & Advanced 8-Week Course**

Tai Chi is primarily practiced today to improve health and increase energy as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr.

**New Location: SCCC Large Activity Room 1**

Price per session is \$40 for 18-59 years; \$33 for 60+.

Day	Date	Time	Price
Beginner Course Program #4081-A			
Monday	1/8-3/5	2-3 pm	\$40/\$33
**Make Up class 2/5			
Advanced Course Prior instruction recommended			
Advanced Course Program #4081-B			
Friday	1/12-3/9	2-3 pm	\$40/\$33

**Learning About Allergies**

The Allergy Advocacy Association will be presenting a free informational session. They will provide you with an evidence-based approach to identifying, diagnosing, assessing and managing anaphylaxis in order to prevent death from severe allergy reactions. Throughout the presentation, they will allow time to answer all questions.

Location: Small Activity Rm 1

Day	Date	Time	Price
Program#4081-C			
Mon	1/8	7 pm-8 pm	Free

**Stretch & Tone**

Looking for an easy and low-key class to get some deep stretches and feel better? This is for you!

**Instructors:**

**(Mon)** Joyce Henion

**(Thu)** Jason Wambold- MSPT Agape Physical Therapy

**Location: SCCC Large Activity Room 3**

Day	Time	Price
Mondays	1-2pm	\$1
Thursdays	12-1pm	\$1

**Painting 101**

This class will focus on acrylic painting basics. Learn about the color wheel, brushes, how to mix colors, differences in paints, canvas, composition, mixing mediums, glazing, and more! You will be able to start your own painting on canvas to take home as well. Come join us for a bit of creativity! Please wear comfortable clothes you don't mind getting permanently messy and bring the following materials: large rag or old t-shirt; 1 large plastic container for cleaning your brushes (empty coffee or milk container, etc).

Ages: 18+

Instructor: Sheilagh McGreal

Day	Date	Time	Price
Program #4081-D			
Tue	1/23 & 1/30	6-8 pm	\$55

**Drawing 101**

Come join this beginner class where you will learn basic techniques for drawing. The class will include learning about drawing materials, line, shape, and shading. Learn to train your "artist eyes"- to help develop your drawing skills and practice with a still-life. Everyone can be an artist so let's get started! Paper will be supplied. Please bring the following materials with you to class: drawing pencils- "HB" and "B"; small pencil sharpener; kneaded artist eraser- (supplies found at local arts and crafts stores).

Ages: 18+

Instructor: Sheilagh McGreal

Day	Date	Time	Price
Program#4081-E			
Mon	1/22 & 1/29	6-8 pm	\$55

**\*NEW! Euchre Tournament**

Love playing euchre? We do too! We will be hosting our first ever progressive euchre tournament! This means that you will play with different partners all day. At the end of the tournament, one person will be crowned euchre champion! Are you the best euchre player in the area? Come find out! \*\*Prizes award to first and second place

\*\*Register as individual. Not as a team!

Ages: 21+ Location: Small Activity Rm 2

Day	Date	Time	Price
Program #4081-F			
Friday	March 16 <sup>th</sup>	1:00pm	\$5 per person

**Senior Bingo**

One Wednesday per month in the Winter Time is 12 noon—2 pm. Cost is \$2/card. A Wegman's sub tray lunch is included. Prizes awarded! Location: SCCC

Dates: January 17th, February 21st, March 21st

**Weekly Open Senior Cards**

Euchre: Monday's & Friday's- 12:30-2:30 pm

Fee: \$1 per visit

Location: Large Activity Room 3





SilverSneakers® programs are designed for older adults to increase energy, improve balance, increase strength and flexibility and to meet new people. When you enroll in SilverSneakers® you receive fitness center membership and class opportunities at the Sweden/Clarkson Community Center. All activities are covered by your insurance company and simple swipe of your SilverSneakers® card. Classes are as follows:

Day	Time	Type
Monday	10 am-11 am	Classic
Monday	11 am-12pm	Classic
Tuesday	10am-11 am	Cardio
Tuesday	11 am-12pm	Yoga
Wednesday	11 am-12pm	Classic
Wednesday	1:15-2pm	Classic
Thursday	10am-11 am	Cardio
Thursday	11 am-12pm	Yoga
Friday	11 am-12pm	Classic

Silver & Fit participants will receive a fitness center membership covered by your insurance company. Stop in and fill out a registration packet so you can get started!

### Blood Pressure Checks

Monroe Ambulance Deputy Chief Mike Bove will be conducting blood pressure checks each week!

**Location:** SCCC Main Hallway

Day	Time	Price
Wednesdays	11:30-12:30pm	Free

### Sweden Senior Singers

#### Committed Engagement Through Singing

Join our active, enthusiastic and dedicated group of seniors (and non-seniors) who love to sing! The Sweden Senior Singers are directed by Maryellen Giese and perform at local care centers, with school choruses of all ages, and for our community. Call 431-0090.

Day	Date	Time
Wed	Sept-May	10:15-11:45

**New Location:** SCCC Large Activity Room 1

### Book Discussion Club

Day	Time	Price
1st Monday of the month	11-12:30 pm	FREE

**New Location:** SCCC Small Activity Room 2

### Beginner Line Dancing

Have you been interested in learning to Line Dance but never took the time or wanted to spend the money to do it? Well now is your opportunity! All you need is an hour of time to learn the basics of line dancing in a comfortable, friendly environment. All ages are welcome and all you need to bring is a willingness to learn and some comfortable shoes.

**New Location:** SCCC Large Activity Room 3.

Day	Time	Price
Thursdays	9:30—11 am	\$1

### Line Dancing

Different dances each week. All Ages.

**New Location:** SCCC Large Activity Room 3.

Day	Time	Price
Wednesdays	9:00-10:30 am	\$1

### The Sweden Comfort Quilters

Can you tie a knot? That's all the expertise you need to help us make quilts for homeless, battered and needy families in our area. All ages welcome. **New Location:**

**SCCC Large Activity Room 3.**

Day	Time	Price
Mondays	9am-12 pm	FREE

### Dresses for Girls Around the World

Help us make dresses for needy and underprivileged girls in our own country and around the globe. No sewing experience is needed. Supply and equipment donations welcome. Come for the day or just for an hour or two.

**New Location:** Large Activity Room 3

Day	Time	Price
4th Tuesday	9am-12pm	FREE

### Community Sewing Group

Help us make quilts for homeless, battered and needy families in our area. No sewing experience is needed. Supply and equipment donations welcome. Come for the day or just an hour or two. **New Location:** SCCC.

Day	Time	Price
2nd & 4th Thursday	9am-12pm	FREE

### Knitting Club

Meet to knit and crochet items for area cancer patients. We provide the yarn, donations gratefully accepted.

**New Location:** SCCC Small Activity Room 2

Day	Time	Price
Wednesday	10am-12pm	FREE

**Open Programs**

**Walking/Running**

Monday—Friday 9 am—10 am FREE

**Open Basketball**

Monday—Thursday 12pm—3pm \$1/\$2

Sunday (5-13yrs Only) 10:30am-12pm resident/non-resident

**Open Pickleball**

Monday—Friday 10am-12noon \$1/\$2

**Tuesdays**

**\*Ladies Only\***

**Fridays**

**\*Men Only\***

Saturday 3-5pm resident/non-resident

**\*Gym Unavailable Saturday's 3/3 & 3/10**

**Toddler Gym**

For ages 5 & under ONLY. \$2

Children must be accompanied by an adult.

Please call for availability and to confirm open gym times. Any open gym/play times may be altered to accommodate special events or times that have been reserved for private use.

**Elderberries**

Elderberries is a social group for Seniors. They have been meeting for 51 years.

Activities include: day trips, lunches, baking for fundraising sales, games and basket raffles. Elderberries is moving to the Sweden/Clarkson Rec Center on Lake Rd S. behind Aldis.

**Location: SCCC Small Activity Rm 2**

Day	Time	Price
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1 <sup>st</sup> & 3 <sup>rd</sup> Thu of the month	10:30am	Free
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**Lifetime Assistance  
At Lodge on the Canal  
133 State Street**

Monday—Friday Lunch at Noon  
(please call ahead for reservations)

**Mondays & Fridays**—Bingo 11 am-12 pm

**2nd Tuesday** of month—Eldersource 10:30-12 pm

Together with Monroe County Office of Aging Medical Motors will continue to provide transportation associated with the meal program.

Please call 637-8161.

**Cancer Peer Education Project**

Our Rochester Regional Health UMMC—Breast and Prostate Cancer Peer Education is for men and women. This program focuses on increasing knowledge about the importance of breast cancer screening and prostate health. The program encourages individual to speak with their doctors about screening and assists with making connections, addressing barriers and offering follow-up support.

Please Join us for our free informational presentation.

Location: SCCC Small Activity Rm 1

Wednesday, February 7th @ 12pm

**Senior Trip to the Del Lago (NEW!)**

Covered Wagon Tours will be taking us to the new Del Lago Resort & Casino in Waterloo! This trip is for seniors, but if you would like to bring a younger friend or family member, please feel free! If enough people want to go, everyone will receive a \$25 free play and \$5 towards lunch! Space is limited, so register early! Who's feeling lucky?

**\*\*Lunch & gambling will be on your own\*\***

**\*\*Must register prior to February 9<sup>th</sup>, 2018\*\***

**Maximum Number of People: 55**

Day	Date	Price
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Friday	2/23/18	\$20
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Depart from Community Center - 8:30am (please arrive 15 minutes before departure)

Return to Community Center- 4:15pm

# Community Center

Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour	Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour
Full Gym	\$75	\$150	\$50	Large Activity Room	\$25	\$35	\$10
Half Gym	\$50	\$75	\$25	Small Activity Room	\$20	\$30	\$10
Cafeteria	\$30	\$35	\$15				

# Sweden Town Park—Redman Road

Park Available	Resident Fees	Non-Resident	Field Preparation Security Deposit	Amenities	Whom to Call
Sweden Park Redman Rd	Football \$50/field Other \$30/field 3 hour block	Football \$75/field Other \$50/field 3 hour block	Football \$50 All Others \$20 Per Field Per Day	Football, soccer Lacrosse, softball baseball fields	Rec Dept. 431-0090
Sweden Park Lighted Field	\$125/field 3 hour block	\$175/field 3 hour block	\$20/field Per day	Lighted multi-purpose field	Rec Dept. 431-0090
Nietopski Field	\$50/3 hours	\$75/3 hours	\$50/day	Showcase Baseball field	Rec Dept. 431-0090
Nietopski Concession	\$35/day	\$45/day	\$25	Grill, sink, coolers fridge/freezer	Rec Dept. 431-0090
Covered Pavilion	\$25/day	\$35/day	\$15	Grill/picnic tables	Rec Dept. 431-0090
<b>NEW LODGE</b>	\$175/day		\$100 refundable Security deposit	Heated Lodge. Party capacity-99 plus outdoor area, kitchen, tables, chairs, fireplace, restrooms	Rec. Dept. 431-0090

# Clarkson Parks

Park Available	Resident Fees	Non-Resident	Field Prep/ Security Deposit	Amenities	Whom to Call
Clarkson Hafner Park	Football \$50/field Other \$30/field 3 hour block	Football \$75/field All others \$50/field per 3 hour block	Football \$50 All Others \$20 Per Field/Day	Football, soccer Lacrosse, softball, baseball fields	Rec Dept. 431-0090
Clarkson Ridge Road Park	\$30/field for 3 hours 8 am-10 pm	\$50/field for 3 hours 8 am—10 pm	\$20/field/day	Softball fields, lacrosse	Rec Dept. 431-0090
Ridgewood Lodge Ridge Road Park	\$175/day 8 am—10 pm	\$175/day 8 am—10 pm	N/A	Kitchen, restrooms playground, tables chairs, accessible	Clarkson Town Clerk 637-1130
Goodwin Lodge Hafner Park	\$150/day 8 am—10 pm	\$150/day 8 am— 10 pm	N/A	Kitchen, restrooms playground, tables chairs, accessible	Clarkson Town Clerk 637-1130
San Soucie Park	FREE No reservations available	FREE No reservations available	N/A	Located on Erie Canal, Clarkson	Clarkson Town Clerk 637-1130

RECREATION & PARK FACILITIES

# Sweden Town Park Update

The skate park (photo left) re-opened after repairs to the ramps were completed. The remaining photos are of the Lodge construction—expected to be complete in January. Located next to Kepler’s Pond, the Lodge will be a great addition to our community’s recreational facilities.

